

## SANITY- LESSON 4



**Principle 2:** Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

*Happy are those who mourn, for they shall be comforted. Matthew 5:4 (GNT)*



**Step 2:** We came to believe that a power greater than ourselves could restore us to sanity.

*For it is God who works in you to will and to act according to his good purpose. Philippians 2:13 (NIV)*

**S** \_\_\_\_\_.

*God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, . . .* Psalm 46:1–2a (NIV)

**A** \_\_\_\_\_.

*Accept one another, then, for the glory of God, as Christ has accepted you.* Romans 15:7 (GNB)

**N** \_\_\_\_\_.

*When someone becomes a Christian, he becomes a brand new person inside. He is not the same any more. A new life has begun!* 2 Corinthians 5:17 (TLB)

**I** \_\_\_\_\_.

*Nothing brings me greater joy than hearing that my children are living in the truth.* 3 John 1:4 (PH)

**T** \_\_\_\_\_.

*It is dangerous to be concerned with what others think of you, but if you trust the Lord, you are safe.* Proverbs 29:25 (GNB)

**Y** \_\_\_\_\_.

*While we were still sinners, Christ died for us.* Romans 5:8 (NIV)

### LEADER'S FOCUS QUESTION

What do you keep repeating over and over again expecting a different result? What result are you looking for?

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